

**NEOSHO COUNTY COMMUNITY COLLEGE  
MASTER COURSE SYLLABUS**

**COURSE IDENTIFICATION**

Course Code/Number: PSYC 253

Course Title: Human Sexuality

Division:  Applied Science (AS)  Liberal Arts (LA)  Workforce Development (WD)  
 Health Care (HC)  Lifetime Learning (LL)  Nursing  Developmental

Credit Hour(s): 3

Effective Date: FA 2015

Assessment Goal Per Outcome: 70%

**COURSE DESCRIPTION**

**This course is designed to introduce students to the broad range of topics pertaining to the historical, sociocultural, biological and behavioral aspects of human sexuality including contemporary issues of legal and political significance.**

**MINIMUM REQUIREMENTS/PREREQUISITES AND/OR COREQUISITES**

**Students must be at least 18 years of age to enroll in PSYC 253 (Human Sexuality).**

**TEXTS**

The official list of textbooks and materials for this course is found on *myNeosho*.

<http://www.neosho.edu/ProspectiveStudents/Registration/CourseSyllabi.aspx>

**GENERAL EDUCATION OUTCOMES**

1. Practice Responsible Citizenship through:
  - identifying rights and responsibilities of citizenship,
  - identifying how human values and perceptions affect and are affected by social diversity,
  - identifying and interpreting artistic expression.

2. Live a healthy lifestyle (physical, intellectual, social) through:
  - listing factors associated with a healthy lifestyle and lifetime fitness,
  - identifying the importance of lifetime learning,
  - demonstrating self-discipline, respect for others, and the ability to work collaboratively as a team.
3. Communicate effectively through:
  - developing effective written communication skills,
  - developing effective oral communication and listening skills.
4. Think analytically through:
  - utilizing quantitative information in problem solving,
  - utilizing the principles of systematic inquiry,
  - utilizing various information resources including technology for research and data collection.

### **COURSE OUTCOMES/COMPETENCIES (as Required)**

Upon successful completion of this course students should be able to:

OUTCOME No.1 – Identify and describe the philosophical approaches and scientific methodologies used in the study of human sexuality.

- Describe the principles of critical thinking.
- Identify and describe the historical, biological, evolutionary, cross-species, sociological, and psychological perspectives of human sexuality.
- Explain feminist theory and queer theory.
- Describe the scientific method as it pertains to the study of human sexuality, including the sampling method, case study method, survey method, naturalistic observation, ethnographic observation, participant observation, and the laboratory observation method.

OUTCOME No. 2 – Identify and describe the anatomical and physiological components of male and female sexual anatomy and sexual arousal/response mechanisms.

- Identify the female internal and external sex organs and their function.
- Describe the female menstrual cycle.
- Identify the male internal and external sex organs and their function.
- Identify common health problems associated with the male urogenital system.
- Explain typical male sexual functions.
- Describe the relationship of the anatomical, hormonal, and cerebral components of the human sexual arousal/response mechanism.
- Identify and describe the Masters and Johnson, and Kaplan's sexual response cycles.

OUTCOME No. 3 – Demonstrate an understanding of the role gender plays in human sexuality.

- Identify the role that genes and hormones play in gender development.
- Describe the issues of nature vs. nurture, and transgenderism.
- Identify the various issues involved in gender sexual identity including sexism, gender roles, and sexual behavior, as well as cognitive, personality, and social-behavioral differences.

- Describe the issues of physical attractiveness and the different perspectives on the types and mechanisms of love.
- Describe the issues of dating, self-disclosure, jealousy, communication, and loneliness as they relate to human sexuality.

OUTCOME No. 4 – Identify common sexual behaviors and fantasies and the role sexual orientation plays in human sexuality.

- Identify common methods of masturbation.
- Identify common techniques associated with human sexual contact.
- Identify and describe common sexual fantasies.
- Explain the classifications of sexual orientation including the historical, cross-cultural, biological, and psychological perspectives.
- Identify and describe the contemporary sociocultural and legal issues associated with sexual orientation including gay activism, homophobia, and the coming-out process.

OUTCOME No. 5 – Explain the processes involved in human reproduction and demonstrate an understanding of common forms of contraception.

- Identify common male and female fertility problems.
- Identify the early signs and problems associated with pregnancy.
- Identify and describe the stages of prenatal development.
- Describe potential teratogens and their effects on prenatal development.
- Identify and describe the stages and methods of childbirth.
- Identify issues associated with the postpartum period including the advantages and disadvantages of breastfeeding.
- Identify and describe common forms of birth control.
- Identify and discuss issues pertaining to abortion and the determination of the beginning of life.

OUTCOME No. 6 – Describe sexuality throughout the life-span.

- Discuss the issues of masturbation, sexual curiosity, genital play, co-sleeping, and parental sexual orientation as they relate to childhood sexuality.
- Identify and describe the biological, hormonal, and psychological changes associated with the onset of puberty.
- Identify sexual behaviors in adolescence including teenage pregnancy.
- Describe the issue of sex education.
- Identify and describe various issues associated with being single including cohabitation.
- Identify and describe the issues involved in marriage, including infidelity and divorce.
- Identify issues related to sex in the later years including physical and cognitive disabilities.

OUTCOME No. 7 - Identify and describe the various social, behavioral, psychological, and medical dysfunctions and maladies associated with human sexuality.

- Identify common sexual dysfunctions and their treatment
- Identify and describe the causes and treatments of common sexually transmitted infections (STI's).
- Identify and describe common paraphilias and their treatment.

- Identify and describe various types of rape, childhood sexual abuse, and sexual harassment
- Describe the issues of prostitution, pornography, and obscenity.

## **MINIMUM COURSE CONTENT**

The following topics must be included in this course. Additional topics may also be included.

The outcomes and competencies included in the previous section of this syllabus constitute the minimum course content for PSYC 253.

## **STUDENT REQUIREMENTS AND METHOD OF EVALUATION**

### INSTRUCTIONAL METHODS

For specific instructional methods see the syllabus supplement on the syllabus page for this class on *myNeosho*.

### STUDENT REQUIREMENTS AND METHOD OF EVALUATION

A = 90–100% B = 80–89% C = 70–79% D = 60–69% F = 0–59%

For specific instructional methods see the syllabus supplement on the syllabus page for this class on *myNeosho*.

## **ASSESSMENT OF STUDENT GAIN**

The purpose of assessing student learning at Neosho County Community College is to ensure the educational purposes of the institution are met and appropriate changes are made in program development and classroom instruction to allow for student success. The instructor(s) of this course will determine the methods of assessment most appropriate and complete an assessment report at the end of the course.

### Attendance Policy

1. NCCC values interactive learning which promotes student engagement in the learning process. To be actively engaged, the student must be present in the learning environment.
2. Unless students are participating in a school activity or are excused by the instructor, they are expected to attend class. If a student's absences exceed one-eighth of the total course duration, (which equates to one hundred (100) minutes per credit hour in a face-to-face class) the instructor has the right, but is not required, to withdraw a student from the course. Once the student has been dropped for excessive absences, the registrar's office will send a letter to the student, stating that he or she has been dropped. A student may petition the chief academic officer for reinstatement by submitting a letter stating valid reasons for the absences within one week of the registrar's notification. If the student is reinstated into the class, the instructor and the registrar will be

notified. Please refer to the Student Handbook/Academic Policies for more information

3. Absences that occur due to students participating in official college activities are excused except in those cases where outside bodies, such as the State Board of Nursing, have requirements for minimum class minutes for each student. Students who are excused will be given reasonable opportunity to make up any missed work or receive substitute assignments from the instructor and should not be penalized for the absence. Proper procedure should be followed in notifying faculty in advance of the student's planned participation in the event. Ultimately it is the student's responsibility to notify the instructor in advance of the planned absence.

## **ACADEMIC INTEGRITY**

NCCC expects every student to demonstrate ethical behavior with regard to academic pursuits. Academic integrity in coursework is a specific requirement. Definitions, examples, and possible consequences for violations of Academic Integrity, as well as the appeals process, can be found in the College Catalog, Student Handbook, and/or Code of Student Conduct and Discipline.

## **ELECTRONIC DEVICE POLICY**

Student cell phones and other personal electronic devices not being used for class activities must not be accessed during class times unless the instructor chooses to waive this policy.

## **NOTE**

Information and statements in this document are subject to change at the discretion of NCCC. Students will be notified of changes and where to find the most current approved documents.

## **ACCOMMODATIONS**

If you are a student with a disability who may need accommodation(s), in compliance with Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act (ADA) of 1990, please notify the Dean of Student Services in the Student Services Office, Sanders Hall, 620-432-0304, on the Chanute Campus, or the Dean for the Ottawa and Online Campuses, 785-248-2798, on the Ottawa Campus as soon as possible. You will need to bring your documentation for review in order to determine reasonable accommodations, and then we can assist you in arranging any necessary accommodations.

## **NON-DISCRIMINATION POLICY**

The following link provides information related to the non-discrimination policy of NCCC, including persons with disabilities. Students are urged to review this policy.

<http://www.neosho.edu/Departments/NonDiscrimination.aspx>

## **SEXUAL MISCONDUCT POLICY (TITLE IX)**

At NCCC, it is the responsibility of an instructor to help create a safe learning environment in the classroom, including both physical and virtual classrooms. All instructors are considered mandatory reporters at NCCC, therefore any information regarding sexual misconduct that is shared by a student in one-on-one meetings with the instructor must be reported to appropriate personnel at the College. Instructors will keep the information private to the greatest extent possible, but it is not confidential. Generally, climate surveys, classroom writing assignments or discussions, human subjects research, or events such as Take Back the Night events do not provide notice that must be reported to the Coordinator by employees, unless the reporting party clearly indicates that they wish a report to be made.

The following link provides information related to the sexual misconduct policy of NCCC, including resources, reporting options, and student rights. Students are urged to review this policy.

<http://www.neosho.edu/TitleIX.aspx>

## **COURSE NOTES**

Students enrolled in Human Sexuality (PSYC 253) will be required to sign a statement within the first week of classes acknowledging that they are aware of the sensitive and graphic nature of the content of this course. Further, it is understood that students in this course will be exposed to potentially embarrassing and/or controversial subject matter, and that all content outlined in the Outcomes/Competencies section of this syllabus, as well as any additional materials introduced by the instructor, will constitute a required course of study.