

**NEOSHO COUNTY COMMUNITY COLLEGE
MASTER COURSE SYLLABUS**

COURSE IDENTIFICATION

Course Code/Number: OTA 200

Course Title: Mental Health and Psychosocial Practice

Division: Applied Science (AS) Liberal Arts (LA) Workforce Development (WD)
 Health Care (HC) Lifetime Learning (LL) Nursing Developmental

Credit Hour(s): Three (3)

Effective Date: Fall 2017

Assessment Goal Per Outcome: 80%

COURSE DESCRIPTION

This course provides students the opportunity to study individuals who are limited in their ability to engage in life activities due to challenges to their mental health. Topics will include major DSM-V (Diagnostic and Statistical Manual of Mental Disorders) diagnoses with emphasis on symptoms, behaviors, cultural influences, and medical and social supports related to those diagnoses. OT evaluations and treatment planning for this population will be practiced.

MINIMUM REQUIREMENTS/PREREQUISITES AND/OR COREQUISITES

Admission to OTA Program.

TEXTS

The official list of textbooks and materials for this course is found on *myNeosho*.

<http://www.neosho.edu/ProspectiveStudents/Registration/CourseSyllabi.aspx>

GENERAL EDUCATION OUTCOMES

1. Practice Responsible Citizenship through:
 - identifying rights and responsibilities of citizenship,
 - identifying how human values and perceptions affect and are affected by social diversity,

- identifying and interpreting artistic expression.
2. Live a healthy lifestyle (physical, intellectual, social) through:
 - listing factors associated with a healthy lifestyle and lifetime fitness,
 - identifying the importance of lifetime learning,
 - demonstrating self-discipline, respect for others, and the ability to work collaboratively as a team.
 3. Communicate effectively through:
 - developing effective written communication skills,
 - developing effective oral communication and listening skills.
 4. Think analytically through:
 - utilizing quantitative information in problem solving,
 - utilizing the principles of systematic inquiry,
 - utilizing various information resources including technology for research and data collection.

COURSE OUTCOMES/COMPETENCIES (as Required)

The student, upon completion of this course, will be able to:

1. Analyze the effects of health and mental illness on an individuals' occupational performance within their unique contexts. B. 5.17
2. Appraise the effects of health, disability, disease processes, and traumatic injury to the individual within the context of family and society. B.2.6
3. Develop an appreciation for an individual's perception of the quality of life, well-being and occupation to promote health and prevent dysfunction. B.2.9
4. Demonstrate the ability to gather and share data for screening and evaluation, administer selected assessments utilizing necessary safety precautions. B.4.1, B.5.1
5. Formulate purposeful activities and group interventions used in mental health to support intervention goals. B.5.2, B.5.4, B.5.5, B.5.6, B.5.8
6. Identify when to recommend to the occupational therapist the need for referring clients for additional evaluation. B.4.9

MINIMUM COURSE CONTENT

The following topics must be included in this course. Additional topics may also be included.

- I: Understanding the Person in Context
 - Recovery Perspectives
 - Environmental and Cultural Considerations
 - Mental Health Research
- II: Theoretical Concepts.
 - The History and Philosophy of Psychosocial Occupational Therapy

Psychological Theories and Treatment Methods

III: Diagnosis and Dysfunction

Psychopathology & the Diagnostic Process.

Schizophrenia.

Mood Disorders.

Anxiety Disorders.

Personality Disorders.

IV: Mental Health Across the Lifespan.

Mental Health of Infants

Mental Health of Children

Mental Health of Adolescents

V: Mental Health with Physical Disorders

Psychosocial Issues in Physical Disability

Cognitive, Behavioral, and Psychosocial Sequelae of Brain Disorders

Managing Pain

Substance Abuse

VI: Occupational Therapy Intervention

Assessment, Evaluation, and Outcome Measurement

Psychosocial Methods and Interpersonal Strategies

Groups

VII: Specialized Roles for OT in Mental Health.

Occupational Therapy in the Criminal Justice System.

Vocational Programming.

Case Management.

VIII: Clinically Related Roles.

Supervision in the MH Setting.

Demonstrating Effectiveness in Occupational Therapy.

STUDENT REQUIREMENTS AND METHOD OF EVALUATION

INSTRUCTIONAL METHODS

For specific instructional methods see the syllabus supplement on the syllabus page for this class on Inside NC.

GRADING SCALE

The following grade scale applies throughout this course:

90%-100%, A

80%-89%, B

70%-79%, C

Below 70% F

NOTE: A grade of "D" is not possible in this course! A grade of "C" in more than one required OTA course in one semester will result in probation in the program.

ASSESSMENT OF STUDENT GAIN

Evaluation of student performance is determined primarily from results of quizzes, examinations, presentations, written paper(s), homework, discussion forums, and class participation.

Attendance Policy

1. NCCC values interactive learning which promotes student engagement in the learning process. To be actively engaged, the student must be present in the learning environment.
2. Unless students are participating in a school activity or are excused by the instructor, they are expected to attend class. If a student's absences exceed one-eighth of the total course duration, (which equates to one hundred (100) minutes per credit hour in a face-to-face class) the instructor has the right, but is not required, to withdraw a student from the course. Once the student has been dropped for excessive absences, the registrar's office will send a letter to the student, stating that he or she has been dropped. A student may petition the chief academic officer for reinstatement by submitting a letter stating valid reasons for the absences within one week of the registrar's notification. If the student is reinstated into the class, the instructor and the registrar will be notified. Please refer to the Student Handbook/Academic Policies for more information
3. Absences that occur due to students participating in official college activities are excused except in those cases where outside bodies, such as the State Board of Nursing, have requirements for minimum class minutes for each student. Students who are excused will be given reasonable opportunity to make up any missed work or receive substitute assignments from the instructor and should not be penalized for the absence. Proper procedure should be followed in notifying faculty in advance of the student's planned participation in the event. Ultimately it is the student's responsibility to notify the instructor in advance of the planned absence.

ACADEMIC INTEGRITY

NCCC expects every student to demonstrate ethical behavior with regard to academic pursuits. Academic integrity in coursework is a specific requirement. Definitions, examples, and possible consequences for violations of Academic Integrity, as well as the appeals process, can be found in the College Catalog, Student Handbook, and/or Code of Student Conduct and Discipline.

ELECTRONIC DEVICE POLICY

Student cell phones and other personal electronic devices not being used for class activities must not be accessed during class times unless the instructor chooses to waive this policy.

NOTE

Information and statements in this document are subject to change at the discretion of NCCC. Students will be notified of changes and where to find the most current approved documents.

ACCOMMODATIONS

If you are a student with a disability who may need accommodation(s), in compliance with Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act (ADA) of 1990, please notify the Dean of Student Services in the Student Services Office, Sanders Hall, 620-432-0304, on the Chanute Campus, or the Dean for the Ottawa and Online Campuses, 785-248-2798, on the Ottawa Campus as soon as possible. You will need to bring your documentation for review in order to determine reasonable accommodations, and then we can assist you in arranging any necessary accommodations.

NON-DISCRIMINATION POLICY

The following link provides information related to the non-discrimination policy of NCCC, including persons with disabilities. Students are urged to review this policy.

<http://www.neosho.edu/Departments/NonDiscrimination.aspx>

SEXUAL MISCONDUCT POLICY (TITLE IX)

At NCCC, it is the responsibility of an instructor to help create a safe learning environment in the classroom, including both physical and virtual classrooms. All instructors are considered mandatory reporters at NCCC, therefore any information regarding sexual misconduct that is shared by a student in one-on-one meetings with the instructor must be reported to appropriate personnel at the College. Instructors will keep the information private to the greatest extent possible, but it is not confidential. Generally, climate surveys, classroom writing assignments or discussions, human subjects research, or events such as Take Back the Night events do not provide notice that must be reported to the Coordinator by employees, unless the reporting party clearly indicates that they wish a report to be made.

The following link provides information related to the sexual misconduct policy of NCCC, including resources, reporting options, and student rights. Students are urged to review this policy.

<http://www.neosho.edu/TitleIX.aspx>

COURSE NOTES