

**NEOSHO COUNTY COMMUNITY COLLEGE
MASTER COURSE SYLLABUS**

COURSE IDENTIFICATION

Course Code/Number: NURS 261

Course Title: Mental Health Nursing

Division: Applied Science (AS) Liberal Arts (LA) Workforce Development (WD)
 Health Care (HC) Lifetime Learning (LL) Nursing Developmental

Credit Hour(s): 4 (Theory: 3, Clinical/Lab Hours: 1)

Effective Date: 2008/Spring 2016

Assessment Goal Per Outcome:

Outcome #1: 66%
Outcome #2: 66%
Outcome #3: 66%
Outcome #4: 66%
Outcome #5: 66%

COURSE DESCRIPTION

This course is designed for the student to utilize the nursing process in promoting an eclectic approach to the mental illness/mental health continuum. The student will appraise the elements of bio/psycho/social and spirituality to achieve client outcomes, and to differentiate between health patterns encountered in mental health nursing. Concepts of professional ethics, exposure to life stressors, communication techniques, pharmacology, and pathology will be explored and applied to clients of all age groups within acute, chronic, and community mental health care settings. Therapeutic communication and intervention is the common thread throughout this course.

MINIMUM REQUIREMENTS/PREREQUISITES AND/OR COREQUISITES

Prerequisite: Successful completion of all previous nursing courses of the bi-level nursing program or equivalent:

NURS 111 Foundations of Nursing
NURS 121 Nursing Care of the Adult I
NURS 131 Nursing Care of the Adult II
NURS 141 Family Nursing I
NURS 122 Pharmacology for Nursing

NURS 200 **Or**
Introduction to Associate Degree Nursing

Corequisite:

NURS 251 Family Nursing II

Successful completion of the NCLEX-PN during the first session is required, with proof of LPN license, prior to entering second session. The student who does not pass the NCLEX-PN during the first session may complete that session before being dismissed from the nursing program. The student who does not pass the NCLEX-PN prior to entering Level II nursing will be withdrawn from the course and dismissed from the nursing program.

TEXTS

The official list of textbooks and materials for this course is found on *myNeosho*.

<http://www.neosho.edu/ProspectiveStudents/Registration/CourseSyllabi.aspx>

COURSE OUTCOMES/COMPETENCIES (as Required)

1. Apply basic concepts of nursing care relating to a psychiatric diagnosis, pathophysiology, non-pharmacological treatments, pharmacologic treatments, and related bio/psycho/social influences on the mental health disease process.
2. Utilize critical thinking skills based on knowledge, comprehension, application, analysis, and self-evaluation when caring for clients in a mental health care setting.
3. Demonstrate therapeutic communication skills and interventions with clients in verbal, nonverbal, and written modalities.
4. Apply all components of the nursing process in a priority manner to promote functional health patterns when caring for clients in a mental health care setting.
5. Prioritize and apply technical skills and techniques necessary for safe and effective client care.

MINIMUM COURSE CONTENT

The following topics must be included in this course. Additional topics may also be included.

- Unit 1. Foundations for Theory and Practice in Psychiatric Mental Health Nursing, Part 1 and Psychosocial Nursing Tools
- Unit 2. Foundations for Theory and Practice in Psychiatric Mental Health Nursing, Part 2: Psychobiological Disorders, Part 1: Self-Perception-Self-Concept Pattern and the Coping-Stress Tolerance Pattern
- Unit 3. Psychobiological Disorders, Part 2: Self-Perception-Self-Concept Pattern; Interventions for Special Populations; and Sexuality-Reproductive Pattern

Unit 4. Psychobiological Disorders, Part 3: Self-Perception-Self-Concept Pattern and the Cognitive-Perceptual Pattern; Trauma Interventions; Interventions for Special Populations; Coping-Stress Tolerance Pattern and Cognitive-Perceptual Pattern

STUDENT REQUIREMENTS AND METHOD OF EVALUATION

Mary Grimes School of Nursing has policies (Criteria for Determination of Course Grade, ATI Testing Policy, Student Testing Policy) regarding student requirements, evaluation and assessment of gain in the Student Nurse Handbook located at <http://www.neosho.edu/Departments/Nursing/Handbook.aspx>.

ASSESSMENT OF STUDENT GAIN

The purpose of assessing student learning at Neosho County Community College is to ensure the educational purposes of the institution are met and appropriate changes are made in program development and classroom instruction to allow for student success. The instructor(s) of this course will determine the methods of assessment most appropriate and complete an assessment report at the end of the course.

ATTENDANCE POLICY

1. NCCC values interactive learning which promotes student engagement in the learning process. To be actively engaged, the student must be present in the learning environment.
2. Unless students are participating in a school activity or are excused by the instructor, they are expected to attend class. If a student's absences exceed one-eighth of the total course duration, (which equates to one hundred (100) minutes per credit hour in a face-to-face class) the instructor has the right, but is not required, to withdraw a student from the course. Once the student has been dropped for excessive absences, the registrar's office will send a letter to the student, stating that he or she has been dropped. A student may petition the chief academic officer for reinstatement by submitting a letter stating valid reasons for the absences within one week of the registrar's notification. If the student is reinstated into the class, the instructor and the registrar will be notified. Please refer to the Student Handbook/Academic Policies for more information
3. Absences that occur due to students participating in official college activities are excused except in those cases where outside bodies, such as the State Board of Nursing, have requirements for minimum class minutes for each student. Students who are excused will be given reasonable opportunity to make up any missed work or receive substitute assignments from the instructor and should not be penalized for the absence. Proper procedure should be followed in notifying faculty in advance of the student's planned participation in the event. Ultimately it is the student's responsibility to notify the instructor in advance of the planned absence.

4. Mary Grimes School of Nursing has additional policies regarding attendance (Absence and Tardy Policy, Make-up Policy) in the Student Nurse Handbook located at <http://www.neosho.edu/Departments/Nursing/Handbook.aspx>.

ACADEMIC INTEGRITY

NCCC expects every student to demonstrate ethical behavior with regard to academic pursuits. Academic integrity in coursework is a specific requirement. Definitions, examples, and possible consequences for violations of Academic Integrity, as well as the appeals process, can be found in the College Catalog, Student Handbook, and/or Code of Student Conduct and Discipline.

ELECTRONIC DEVICE POLICY

Student cell phones and other personal electronic devices not being used for class activities must not be accessed during class times unless the instructor chooses to waive this policy.

NOTE

Information and statements in this document are subject to change at the discretion of NCCC. Students will be notified of changes and where to find the most current approved documents.

ACCOMMODATIONS

If you are a student with a disability who may need accommodation(s), in compliance with Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act (ADA) of 1990, please notify the Dean of Student Services in the Student Services Office, Sanders Hall, 620-432-0304, on the Chanute Campus, or the Dean for the Ottawa and Online Campuses, 785-248-2798, on the Ottawa Campus as soon as possible. You will need to bring your documentation for review in order to determine reasonable accommodations, and then we can assist you in arranging any necessary accommodations.

NON-DISCRIMINATION POLICY

The following link provides information related to the non-discrimination policy of NCCC, including persons with disabilities. Students are urged to review this policy.

<http://www.neosho.edu/Departments/NonDiscrimination.aspx>

SEXUAL MISCONDUCT POLICY (TITLE IX)

At NCCC, it is the responsibility of an instructor to help create a safe learning environment in the classroom, including both physical and virtual classrooms. All instructors are considered mandatory reporters at NCCC, therefore any information regarding sexual misconduct that is shared by a student in one-on-one meetings with the instructor must be reported to appropriate personnel at the College. Instructors will keep the information private to the greatest extent possible, but it is not confidential. Generally, climate surveys, classroom writing assignments or discussions, human subjects research, or events such as Take Back the Night events do not provide notice that must be reported to the Coordinator by employees, unless the reporting party clearly indicates that they wish a report to be made.

The following link provides information related to the sexual misconduct policy of NCCC, including resources, reporting options, and student rights. Students are urged to review this policy.

<http://www.neosho.edu/TitleIX.aspx>

COURSE NOTES

See Course Supplement.