

**NEOSHO COUNTY COMMUNITY COLLEGE
MASTER COURSE SYLLABUS**

COURSE IDENTIFICATION

Course Code/Number: HPER 210

Course Title: Athletic Training Practicum I

Division: Applied Science (AS) Liberal Arts (LA) Workforce Development (WD)
 Health Care (HC) Lifetime Learning (LL) Nursing Developmental

Credit Hour(s): Two (2)

Effective Date: Fall 2015

Assessment Goal Per Outcome: 70%

COURSE DESCRIPTION

This course is designed to provide the student with practical experience in the athletic training field. Familiarity of prevention, evaluation, and treatment of common athletic injuries is obtained through practical, hands-on experience in the clinical athletic training room setting, with focus primarily on injuries of the lower extremity.

MINIMUM REQUIREMENTS/PREREQUISITES AND/OR COREQUISITES

HPER 205 or instructor's permission.

TEXTS

The official list of textbooks and materials for this course is found on *myNeosho*.

<http://www.neosho.edu/ProspectiveStudents/Registration/CourseSyllabi.aspx>

GENERAL EDUCATION OUTCOMES

1. Practice Responsible Citizenship through:
 - identifying rights and responsibilities of citizenship,
 - identifying how human values and perceptions affect and are affected by social diversity,

- identifying and interpreting artistic expression.
- 2. Live a healthy lifestyle (physical, intellectual, social) through:
 - listing factors associated with a healthy lifestyle and lifetime fitness,
 - identifying the importance of lifetime learning,
 - demonstrating self-discipline, respect for others, and the ability to work collaboratively as a team.
- 3. Communicate effectively through:
 - developing effective written communication skills,
 - developing effective oral communication and listening skills.
- 4. Think analytically through:
 - utilizing quantitative information in problem solving,
 - utilizing the principles of systematic inquiry,
 - utilizing various information resources including technology for research and data collection.

COURSE OUTCOMES/COMPETENCIES (as Required)

1. Palpate bony and soft tissue landmarks associated with common musculoskeletal athletic injuries of the lower extremity.
2. Demonstrate proficiency in following the seven appropriate steps of the injury evaluation process.
3. Evaluate common musculoskeletal athletic injuries of the lower extremity by applying the seven-step evaluation process.
4. Identify signs and symptoms of common skin disorders
5. Identify signs and symptoms of general medical conditions.

MINIMUM COURSE CONTENT

The following topics must be included in this course. Additional topics may also be included.

- I. **REVIEW**
 - A. Medical Terminology
 - B. Medical Abbreviations
- II. **MANAGEMENT SKILLS**
 - A. Chapter 13—Off-the-Field Injury Evaluation
- III. **MUSCULOSKELETAL CONDITIONS**
 - A. Chapter 18—The Foot
 - B. Chapter 19—The Ankle and Lower Leg
 - C. Chapter 20—The Knee and Related Structures
 - D. Chapter 21—The Thigh, Hip, Groin, and Pelvis
- IV. **GENERAL MEDICAL CONDITIONS**
 - A. Chapter 28—Skin Disorders
 - B. Chapter 29—Additional General Medical Conditions

STUDENT REQUIREMENTS AND METHOD OF EVALUATION

INSTRUCTIONAL METHODS

This class will consist of lecture/discussion, demonstration, and skills practice during class time. In addition, students will be given assignments that are to be done outside of class time.

STUDENT REQUIREMENTS AND METHOD OF EVALUATION

Sport Assignment and Update

Muscle Knowledge Tests

Evaluation Skill Check-off

Skill tests will be evaluated based on a checklist of objectives.

GRADING SCALE

Grades will be assigned based on the number of points earned by the student.

A	90-100%
B	80-89%
C	70-79%
D	60-69%
F	<60%

ASSESSMENT OF STUDENT GAIN

The purpose of assessing student learning at Neosho County Community College is to ensure the educational purposes of the institution are met and appropriate changes are made in program development and classroom instruction to allow for student success. The instructor(s) of this course will determine the methods of assessment most appropriate and complete an assessment report at the end of the course. Student assessment will be gained through quizzes, skill checks, and demonstration of skills in their hands-on experience.

Attendance Policy

1. NCCC values interactive learning which promotes student engagement in the learning process. To be actively engaged, the student must be present in the learning environment.
2. Unless students are participating in a school activity or are excused by the instructor, they are expected to attend class. If a student's absences exceed one-eighth of the total course duration, (which equates to one hundred (100) minutes per credit hour in a face-to-face class) the instructor has the right, but is not required, to withdraw a student from the course. Once the student has been dropped for excessive absences, the registrar's office will send a letter to the student, stating that he or she has been dropped. A student may petition the chief academic officer for reinstatement by submitting a letter stating valid reasons for the absences within one week of the registrar's notification. If the student is reinstated into the class, the instructor and the registrar will be notified. Please refer to the Student Handbook/Academic Policies for more information
3. Absences that occur due to students participating in official college activities are excused except in those cases where outside bodies, such as the State Board of Nursing, have requirements for

minimum class minutes for each student. Students who are excused will be given reasonable opportunity to make up any missed work or receive substitute assignments from the instructor and should not be penalized for the absence. Proper procedure should be followed in notifying faculty in advance of the student's planned participation in the event. Ultimately it is the student's responsibility to notify the instructor in advance of the planned absence.

ACADEMIC INTEGRITY

NCCC expects every student to demonstrate ethical behavior with regard to academic pursuits. Academic integrity in coursework is a specific requirement. Definitions, examples, and possible consequences for violations of Academic Integrity, as well as the appeals process, can be found in the College Catalog, Student Handbook, and/or Code of Student Conduct and Discipline.

ELECTRONIC DEVICE POLICY

Student cell phones and other personal electronic devices not being used for class activities must not be accessed during class times unless the instructor chooses to waive this policy.

NOTE

Information and statements in this document are subject to change at the discretion of NCCC. Students will be notified of changes and where to find the most current approved documents.

ACCOMMODATIONS

If you are a student with a disability who may need accommodation(s), in compliance with Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act (ADA) of 1990, please notify the Dean of Student Services in the Student Services Office, Sanders Hall, 620-432-0304, on the Chanute Campus, or the Dean for the Ottawa and Online Campuses, 785-248-2798, on the Ottawa Campus as soon as possible. You will need to bring your documentation for review in order to determine reasonable accommodations, and then we can assist you in arranging any necessary accommodations.

NON-DISCRIMINATION POLICY

The following link provides information related to the non-discrimination policy of NCCC, including persons with disabilities. Students are urged to review this policy.

<http://www.neosho.edu/Departments/NonDiscrimination.aspx>

SEXUAL MISCONDUCT POLICY (TITLE IX)

At NCCC, it is the responsibility of an instructor to help create a safe learning environment in the classroom, including both physical and virtual classrooms. All instructors are considered mandatory reporters at NCCC, therefore any information regarding sexual misconduct that is shared by a student in one-on-one meetings with the instructor must be reported to appropriate personnel at the College. Instructors will keep the information private to the greatest extent possible, but it is not confidential. Generally, climate surveys, classroom writing assignments or discussions, human subjects research, or events such as Take Back the Night events do not provide notice that must be reported to the Coordinator by employees, unless the reporting party clearly indicates that they wish a report to be made.

The following link provides information related to the sexual misconduct policy of NCCC, including resources, reporting options, and student rights. Students are urged to review this policy.

<http://www.neosho.edu/TitleIX.aspx>

COURSE NOTES